

Husky Nutrition Programs



UCONN HEALTH

WHAT WE DO

Husky Nutrition Programs engage Connecticut residents in highest need in food, nutrition, and physical activity programming, policy development, and research.

HOW WE DO IT



Community Nutrition Education & Policy Development

Husky Reads
Nutrition & literacy program for preschoolers

Little City Sprouts*
Gardening program for Hartford youth

Husky Nutrition On-the-Go
Nutrition ed for parents

Policy Development
Workshops & mentorship for health leaders



Husky Smart Shopping

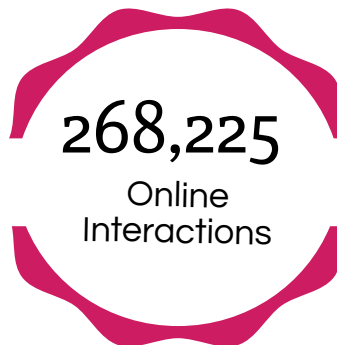
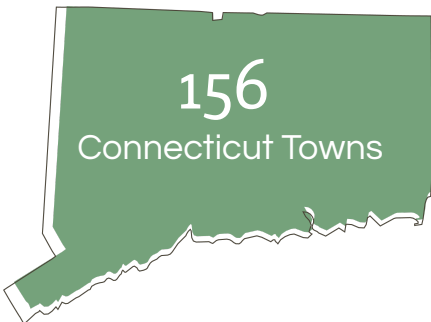
Community-based program teaching participants how to make healthy and economical choices at grocery stores and farmers markets.



SNAP4CT.org

An online platform featuring dietitians, information on CT farmers markets, easy recipes, healthy living tips, online grocery store tours, support for partner communications and curricula, and more.

OUR IMPACT IN CONNECTICUT - Fiscal Year 2017



www.SNAP4CT.org



*LCS is a partnership project with Hartford Food System

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